

Please sign up for lunch on the Nutrition Board one week in advance.

For late sign-ups or to cancel a reservation, please call the office at 633-5138.

Monday		Tuesday		Wednesday		Thursday		Friday	
1	Veal Parmesan w/ Spaghetti Green Beans Carrots Chocolate Bavarian	2	Salisbury Steak/Gravy Scalloped Potatoes Bread Lima Bean Bake Tropical Fruit Cup	3	Breaded Pork Chops Garlic Mashed Potatoes Vegetable Medley Roll Gingerbread w/ Applesauce Topping	4	Turkey Tetrazzini Peas Pineapple Juice Chef Salad Peach & Pear Cup	5	Vegetable Quiche Red Potatoes Vegetables Chef Salad Blueberry Muffin Fresh Banana
8	Beef Macaroni Casserole Corn Apple Juice Oat Bran Square Pineapple & Peach Cup ALT:Grilled Chicken Salad	9	Ham Steak Sweet Potatoes Cabbage w/Dill Sauce Rye Bread Chocolate Cake	10	Roast Turkey Breast Butternut Squash Cauliflower Cookies Molded Cranberry Salad	11	Beef Stew Mashed Potatoes Vegetables in Stew Chef Salad Biscuit Fresh Orange	12	Breaded Fish Augratin Shells Stewed Tomatoes Bread Fruited Gelatin
15	Stuffed Pepper Dutchess Potatoes Corn Bread Minted Pears	16	Turkey a la King Mashed Potatoes Broccoli Chef Salad Fresh Apple	17	Corned Beef w/Cabbage Boiled Potatoes Sliced Carrots Chef Salad Lime Sherbet	18	Breaded Pork Chop Mashed Sweet Potatoes Fresh Green Beans Dinner Roll Cinnamon Streusel Cake	19	Chicken Thighs Succotash Zucchini & Tomatoes Roll Ambrosia
22	Breaded Chicken Breast Mashed Potatoes Harvard Beets Chef Salad Yellow Cake	23	Beef Stroganoff Stewed Tomatoes Peas White Bread Cookies	24	Frankfurter w/Beans German Potato Salad Mixed Vegetables Fresh Orange	25	Spaghetti w/Meatballs Broccoli Fruit Punch Bread Strawberry Bavarian	26	Omelet w/Pepper & Onions Diced Potatoes w/Cheese Sauce Seasoned Spinach Rye Bread Fruit Compote
29	Roast Beef Mashed Potatoes Lima Bean Bake Roll Lemon Cake	30	Ham/Potato Casserole Broccoli Pineapple Juice Cornbread Peach Bavarian	31	Chicken Cordon Bleu/ Rice Pilaf Carrot Coins Green Beans Chef Salad Coconut Cream Pie				

****On March 8th there will be a choice of two meals. Please indicate your choice when you sign up.****

The suggested donation for lunch is \$2.50 for those 60 years of age and older.
Guests under the age of 60 are welcome for a suggested donation of \$5.00

Please arrive for lunch by 12:20 each day or your lunch may be cancelled. Call the office if you will be late.