

Lancaster Senior Center

VAN SERVICE

The van is available Monday-Friday for senior citizens that reside in Lancaster. Medical appointments take preference in scheduling. However, we do transport to area stores, such as Tops, Wal-Mart, Eastern Hills Mall, etc. We also transport to the Senior Center several days a week. For information concerning the van and/or to schedule an appointment contact Mary or Janice at 685-3498 between 7:30-and 1:00 p.m. Monday-Friday.
(PLEASE DO NOT CALL ON THURSDAYS)

BLOOD PRESSURE READINGS

Blood Pressure Readings by Rural-Metro Ambulance - Thursday, **October 19th** (9-11am)

FRIDAY AFTERNOON @ THE MOVIES

Every Friday afternoon at 12:30 we show a new movie release (sometimes an "oldie"). See our calendar for this month's movies. We serve fresh popcorn and soda pop.

NUTRITION

The Senior Center serves hot meals at 11:45 a.m. Monday-Friday. The suggested cost for this program is \$2.50 per person. Call 685-3498 to cancel or to make reservations by Thursday at 1:00 p.m.

AARP DRIVER SAFETY PROGRAM

The *AARP 6-Hour Safe Driving Course* is offered throughout the year. Registration is required. The charge is \$12 for AARP members (you must show your card) and \$14 for non-members. Please bring your check (payable to AARP) to the first class. Cash is **NOT** accepted.

Classes are from 12:30-3:30

October 24 & 26

November 28 & 30

January 23 & 25

February 20 & 22

SUNSHINE COMMITTEE

Eleanor Nowak sent
Get Well wishes to :
Ray Johnson, Dick Wilke,
Estelle Ketchum, Dennis Wiegel & Ann McGreevy

IN MEMORY OF:

Sympathy cards were sent to the families of those that have recently passed away:

Ivan Issepon

WELCOME NEW MEMBERS

James & Joan Gasiewicz, Susan Dulkiewicz, Lee Slate
Warren Woodworth, Louise Thompson, Daria Krist,
Thomas Terreri, Leigh Sipowicz, George McFadden,
Theresa Gefert, Grace Gefert, Barbara Kurzawski,
Dahlia Finkelstein, Eva Earley,
Anne Marie & George Connelly, Steven & Lucille
Monkelbann, Julieann Sable, Kimberly Sample,
Michael & Denise Abbey and
Donna & Charles Rybek

Lancaster Senior Center
100 Oxford Avenue, Lancaster, New York 14086
Phone: 685-3498 Fax: 685-3594

SENIOR INK

Staff

Recreation/Outreach

Susan Arcese
Janice Korzeniewski
Debra Thomson

Nutrition Staff

Beverly Tanski
(Site Manager)

Janice Streit
Judith Szczesniak

Meals On Wheels

Charlene Ciccarelli
683-3771

Van Drivers

Charles Ardillo
Norman Bastian
Gordon Ederer
Robert Hauser
Donald Metzger
Al Rinow
John Sroda
John Zbock

Art

Kim Pesany-Au

Crafts

Ann Heidle

Ceramics

Gladys Weiss

Computer Class

John Brandenburg

Piano

Linda Frost

Zumba

Julia Kiesznoski

Yoga

Melanie Olivieri



October 2011

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23/ 30	24/ 31	25	26	27	28	29

Upcoming Events

CLOSED:

October 10th
November 8th, 11th,
24th & 25th

OCTOBER 2011

1st - Fall Festival Picnic
5th - Card Party
7th - Fun Friday
17th - Seneca Alleghany Casino
21st - Friday Night Dance w/
Bobby Sugg
29th - Halloween Dinner & Dance

NOVEMBER 2011

2nd - Five Crown Party
4th - Fun Friday
16th - Seneca Niagara Casino
18th - Friday Night Dance w/
Bobby Sugg

Mary Bartz

Director of Senior Services

2011

Lancaster Senior Center Officers

President - Ronald Wisniewski
Vice President - Shirley Roll
Treasurer - Jerry Sowinski
Secretary - Claire Schlum

Board Members

Ann Ciszewski, Jackie Domon, Estelle Jasiczek,
Florence Russell & Donna Wolski

Bingo Chairman

Ronald Wisniewski

HOURS

Mondays, Tuesdays,
Wednesdays & Fridays 8:30-5:00
Thursdays 8:30-9:00 p.m.

*Building is
Handicap Accessible*

VISIT US ON THE WEB @
WWW.LANCASTERNY.GOV

Monday

Tuesday

Wednesday

Thursday

Friday

<p>3 Aerobic Tape 8:55-10 Yoga 10-11/Red Hats 10:00 Crafts 10-4 Mah Jonng 10:00 WII Bowling 12:30-4:30 Hand & Foot Card Game 1:00</p>	<p>4 Piano Lessons 9:30-12:30 Knit/Crochet/Ceramic Class 9-Noon Arthritis Exercise Video 10:15-11:15 Zumba 9-10/Quilters 9:30 Pinochle 12:45 Intermediate Line Dancing w/ Bev Randall 1-3:00</p>	<p>5 Piano Lessons 8:45-1:00 Aerobic Tape 8:55-10/Ping Pong 9-12 Shuffleboard League 10:15 Art Class 12-3 Blue Cross/Blue Shield 1-4 Card Party 1:15</p>	<p>6 Erie County Exercise Class 8-8:45 Ceramic Class 9-Noon Organ Club 10:30-11:30 Monthly Meeting 12:30 Bingo 12:45 Pinochle & Dominoes 5:45 Scrabble 6:30</p>	<p>7 Aerobic Tape 8:55-10 Zumba 10:15-11:15 Crafts 10-4/Cards 12:15 Movie 12:30 - <i>American Rhapsody</i> Line Dancing (open) 1-3 Fun Friday 6:00</p>
<p>10 CLOSED TODAY! </p>	<p>11 Piano Lessons 9:30-12:30 Knit/Crochet/Ceramic Class 9-Noon Arthritis Exercise Video 10:15-11:15 Zumba 9-10/Quilters 9:30 Blue Cross/Blue Shield 1-4 Pinochle 12:45 Intermediate Line Dancing w/ Bev Randall 1-3:00</p>	<p>12 Piano Lessons 8:45-1:00 Aerobic Tape 8:55-10 Ping Pong 9-12 Shuffleboard League 10:15 Art Class 12-3 Game Day 1:00</p>	<p>13 Erie County Exercise Class 8-8:45 Blood Pressure Rdgs. 9-11 Ceramic Class 9-Noon Organ Club 10:30-11:30 Bingo 12:45 & Birthday Party Pinochle & Dominoes 5:45 Scrabble 6:30</p>	<p>14 Aerobic Tape 8:55-10/Zumba 10:15-11:15 Crafts 10-4/Cards 12:15 Movie 12:30 - <i>My Friend Flicka</i> Line Dancing (open) 1-3</p> <div data-bbox="2458 721 2986 842" style="border: 1px solid black; padding: 5px;"> <p align="center">Health Fair Sponsored by Assembly Dennis Gabrvszak tomorrow 9:00-12:00</p> </div>
<p>17 Seneca Alleghany Casino Aerobic Tape 8:55-10 Yoga 10-11/Crafts 10-4 Mah Jonng 10:00 WII Bowling 12:30-4:30 Hand & Foot Card Game 1:00</p>	<p>18 Piano Lessons 9:30-12:30 Knit/Crochet/Ceramic Class 9-Noon Arthritis Exercise Video 10:15-11:15 Zumba 9-10/Quilters 9:30 Pinochle 12:45 Intermediate Line Dancing w/ Bev Randall 1-3:00</p>	<p>19 Piano Lessons 8:45-1:00 Aerobic Tape 8:55-10 Ping Pong 9-12 Shuffleboard League 10:15 Art Class 12-3 Blue Cross/Blue Shield 1-4 Game Day 1:00</p>	<p>20 Erie County Exercise Class 8-8:45 Ceramic Class 9-Noon Officers/Bd Meeting 9:45 Organ Club 10:30-11:30 Bingo 12:45/Singles Club 2:30 Pinochle & Dominoes 5:45 Scrabble 6:30</p>	<p>21 Aerobic Tape 8:55-10 Zumba 10:15-11:15 Crafts 10-4/Cards 12:15 Movie 12:3-<i>The Greatest Game Ever Played</i> Line Dancing (open) 1-3 Friday Night Dance w/ Bobby Sugg 7-10</p>
<p>24 Aerobic Tape 8:55-10 Yoga 10-11/Crafts 10-4 WII Bowling 12:30-4:30 Mah Jonng 10:00 Driver's Safety Course 12:30-3:30 Hand & Foot Card Game 1:00</p>	<p>25 Piano Lessons 9:30-12:30 Knit/Crochet/Ceramic Class 9-Noon Arthritis Exercise Video 10:15-11:15 Zumba 9-10/Quilters 9:30 Pinochle 12:45 Intermediate Line Dancing w/ Bev Randall 1-3:00</p>	<p>26 Piano Lessons 8:45-1:00 Aerobic Tape 8:55-10/Ping Pong 9-12 EPIC (RX Program) 10:00 Erie County Exercise Class 10:30 Art Class 12-3 Driver's Safety Program 12:30-3:30 Game Day 1:00</p>	<p>27 Ceramic Class 9-Noon Organ Club 10:30-11:30 Bingo 12:45 Pinochle & Dominoes 5:45 Scrabble 6:30</p>	<p>28 Aerobic Tape 8:55-10 Zumba 10:15-11:15 Crafts 10-4/Cards 12:15 Movie 12:30 - <i>Hocus Pocus</i> Line Dancing (open) 1-3</p> <div data-bbox="2449 1447 2977 1534" style="border: 1px solid black; padding: 5px;">  <p align="center">Halloween Dinner Dance tomorrow @ 5pm</p> </div>
<p>31 Aerobic Tape 8:55-10 Yoga 10-11 Crafts 10-4 WII Bowling 12:30-4:30 Mah Jonng 10:00 Hand & Foot Card Game 1:00</p>	<h1>OCTOBER 2011</h1>			

